

HOW TO BE

A Community Champion

Make a difference in your community
by promoting positive changes!



Other Helpful Resources:

- Let's Move: Take Action
www.letsmove.gov/action
- Iowa Neighborhood Resource Center
www.iowaeconomicdevelopment.com/community/neighborhood
- The Community Tool Box from the University of Kansas
ctb.ku.edu



www.idph.state.ia.us/iowansfitforlife/



www.idph.state.ia.us/

Start Today:

1. Educate Yourself

Learn as much as you can about both sides of the issue to increase your knowledge and credibility.

2. Build Relationships

Get to know others in your community such as neighbors, business owners, school administrators and city officials.

3. Be an Active Listener

Give others the opportunity to share their thoughts, and demonstrate a genuine respect for them and their viewpoints.

4. Take Action

Meet with key decision makers and community members to discuss ways to improve your community.